

VEGAN MENU

STARTERS

ROAST PEPPER BRUSCHETTA €11

With Balsamic Onions, Hummus, Spicy Falafel, Sour Dough
Contains: Gluten (Wheat), Mustard

CARROT AND SWEET POTATO SOUP €9

Coconut Milk, Thai Red Curry Spices, Sour Dough Bread
Contains: Bread: Gluten (Wheat)

THAI LEMON GRASS SPRING ROLLS €9.50

Sweet Chilli Plum Sauce
Contains: Gluten (Wheat), Soy, Sesame

'PLANT IT' SPICY SALT & CHILLI STRIPS €11

Kung Po Szechuan Dip  
Contains: Gluten (Wheat), Soy, Sesame

SIDES €5

GOLD RIVER FARMS ORGANIC BABY LEAVES

Market Produce, Sundried Tomato & Chervil Dressing
(Contains: Sulphites, Mustard)

SELECTION OF SEASONAL ORGANIC FARM VEGETABLES

CHUNKY CHIPS

SWEET POTATO FRIES

Spice Bag Seasoning

BEER BATTERED ONION RINGS

Contains: Gluten (Wheat)

COFFEE & TEA SELECTION

Americano €4 // Espresso €4 // Cappuccino €4.40 // Hot Chocolate €4.40 // Latte €4.40 // Flavoured Latte €4.50 // Tea €3.50 // Herbal Tea €4 // Latte/Cappuccino Made With Oat Milk

*All ingredients are locally sourced and where possible come from the environs of Kilkenny. Edmundberry Gardens, Durrow, Co. Laois – Salad, Micro Cress & Fruits. Riversfield Farm, Callan, Co. Kilkenny - Organic Vegetables. Kish Fish Company, Dublin – Fresh Fish. Rings Farm, Castlecomer, Co. Kilkenny - Organic Chicken Products. Goatsbridge Trout Farm, Thomastown, Co. Kilkenny – Trout. Pallas Foods, Newcastlewest, Co. Limerick Kells Wholemeal, Kells, Co. Kilkenny - Flour. La Rousse Foods Dublin – various

MAINS

VEGETABLE KASHMIRI CURRY €23

Garlic Coriander Naan, Basmati Rice, Mango Chutney
Contains: Mustard, Celery, Sesame, Gluten (Wheat): Naan Bread

YAKI SOBA NOODLES €24

Grilled Tofu, Yuzu Glaze, Red Miso Seaweed Broth, Kimchi Sesame Seeds
Contains: Sesame, Soy

CAULIFLOWER & QUINOA BURGER €21

Brioche Bun, Sriracha Aioli, Aged Vegan Cheddar, Organic Leaves, Tomato, Spicy Cajun Salsa, Chunky Chips
Contains: Gluten (Wheat)

VEGGIE NUGGET WRAP €17

Grilled With Pineapple and Whiskey BBQ Sauce, Baby Gem Lettuce, Red Onions, Chunky Chips, Organic Leaves & Market Produce
Contains: Gluten (Wheat), Soy

DESSERTS €10

DARK CHOCOLATE TART Strawberry Sorbet

CARROT CAKE

Seasonal Fruit
Contains: Gluten (Wheat), Nuts

WINE

RED WINE

Montanas Y Mar Cabernet Sauvignon (Chile)
GL €7.50 / BTL €29
J.Moreau, Merlot, Languedoc (France)
GL €8 / BTL €30
Jack Duggan Shiraz (Australia)
GL €8 / BTL €30

WHITE WINE

Montanas Y Mar Sauvignon Blanc (Chile)
GL €7.50 / BTL €29
Lucci, Pinot Grigio, Veneto (Italy)
GL €8 / BTL €30
Noemie Vernaux, Chardonnay, Burgundy (France)
GL €8 / BTL €30

SPARKLING

Prosecco Vigna Dogarina
GL €8.00 / BTL €35